

## Seeking Expressions of Interest

### Experienced Peer Group Facilitators (paid)

#### BEING Suicide Peer Support Groups – Suicide Support and Awareness Program

**Online delivery with flexible options available – daytime, evening and weekends**

**Applications will be reviewed on a first-in basis**

Expressions of Interest are being sought from experienced Peer Group Facilitators who identify as living with mental health issues and have their own personal experience of living with suicidal crisis and/or thoughts.

As a Peer Group Facilitator, you will draw upon your personal experience of living with mental health issues, combined with suicidality and recovery to support and inspire hope, empowerment, and recovery for others. You will guide group discussions, working alongside a co-facilitator, about suicidal experiences and other forms of emotional distress in a safe, non-clinical and non-judgmental space, as well as other discussions based on the program and the needs of the participants of the group.

#### **Background**

BEING – Mental Health Consumers has been funded by the NSW Government as part of the *Towards Zero Suicides* initiative to pilot the Suicide Support and Awareness Program (SSAP), which is a peer-led and co-designed group program specifically tailored for people who identify as living with mental health issues and suicidal crisis such as attempts or thoughts.

The Suicide Peer Support Groups are confidential online (75-minute) group meetings running for a six-week period, open to participants across NSW who are over the age of eighteen. Each group provides a culturally safe and trauma informed space where conversations on suicidality can be explored and supported by peers, people who have their own experiences with mental health issues and suicidal crisis and have been through similar situations.

#### **Selection Criteria**

Eligibility to the Peer Group Facilitator position includes:

1. Skills and experience in facilitating suicide peer support groups or significant experience in other group facilitation.
2. Personal experience of living with mental health issues and suicidal thoughts and/or attempts and in active recovery.
3. Ability to utilise your own experiences to support and inspire hope, empowerment, and recovery for others.
4. Ability to prepare weekly reports following each group session.
5. Adhere to the values of BEING – Mental Health Consumers including respect, dignity, inclusion, social justice and equity. A belief in recovery for all individuals is critical to this work.

6. Be passionate about working towards improving the lives of people who live with mental health issues and suicidal thoughts and/or attempts and supporting them through a peer support lens.

**Application process**

If you are interested in applying, please complete the Expression of Interest form on the following page, enclose your current resume and email to [ssap@being.org.au](mailto:ssap@being.org.au).

**For further information please contact the Manager Suicide Support and Awareness Program on 1300 234 640 or email [ssap@being.org.au](mailto:ssap@being.org.au).**

## Expression of Interest Form

### Experienced Peer Group Facilitator

#### BEING Suicide Peer Support Groups – Suicide Support and Awareness Program

<b>Name</b>	
<b>Suburb (NSW only)</b>	
<b>Email address</b>	
<b>Phone</b>	
<b>Are you a member of BEING – Mental Health Consumers?</b>	
<b>Are you willing to commit to the Vision, Values and Purpose of BEING – Mental Health Consumers and sign a confidentiality agreement and Code of Conduct?</b>	
<b>Do you have reliable internet access?</b>	
<b>Do you have flexibility to deliver groups either daytime, evening or weekends? – Please state your preference:</b>	

<p><b>Tell us a little about yourself and why you would like to become a Peer Group Facilitator with the Suicide Support and Awareness Program?</b></p> <p><b>Please include experience, skills, and any relevant qualifications.</b></p>	
---	--

<p><b>Have you ever co-facilitated a support group? What do you see as the benefits and how would you manage any challenges that might occur?</b></p>	
<p><b>Do you have any experience in facilitating online groups? If so please describe.</b></p>	
<p><b>Please tell us a little bit about your lived experience and active recovery experience in response to the selection criteria?</b></p> <p><b>Please include what recovery means to you.</b></p>	

<p><b>Please tell us about your experience with preparing reports relating to groups?</b></p>	
---	--

Please submit your Expression of Interest, with your supporting resume, via email to [ssap@being.org.au](mailto:ssap@being.org.au).